

# *Little Mountain Ride*

## *August 15, 2020*

*Natchez Trace - Kosciusko, MS*



## **COVID-19 Event Plan**

for the

## **Little Mountain Ride**

By

**Natchez Trace Cycling &  
Kosciusko Attala Partnership**

Kosciusko, MS 39090

**August 15, 2020**

**PURPOSE:** Below is a comprehensive list of modifications being implemented for the August 15, 2020 Little Mountain Ride cycling event to be held in Kosciusko, MS. Natchez Trace Cycling along with the Kosciusko-Attala Partnership organizers of the event are taking all necessary steps to ensure the safety and well-being of the participants and volunteers involved. We are doing so by making it our top priority to adhere to Governor Reeves' published orders related to COVID-19.

**EVENT DESCRIPTION:** Little Mountain ride is an outdoor recreational bicycle ride to raise funds for Natchez Trace Cycling, which is a non-profit organization that promotes cycling and cycling safety on the Natchez Trace Parkway. Riders begin in downtown Kosciusko, then proceed by Police Escort to the Natchez Trace Parkway, where riders will ride 10, 20, or 35 miles NORTH before heading back SOUTH to downtown Kosciusko, over the course of six hours, from 7am till 1pm. All event activities will take place outdoors. NO indoor activities.

**GENERAL PREPARATION:** The Little Mountain Ride and the KAP organizers have studied all state guidelines related to COVID-19. Among the most important steps, all KAP employees and authorized volunteers and LMR volunteers will be provided and required to wear masks and gloves (**see attached**). Riders who participate in the event will be advised prior to the event to wear masks when contact with volunteers is unavoidable or necessary. Masks will be made available to riders at all pertinent locations. Also, the 6' minimum social distance guideline will be observed at all locations from the pre-ride to the conclusion of the event. The organizers will distribute this COVID-19 Event Plan to all participants and KAP/LMR volunteers prior to the event making sure all the guidelines are observed.

Participants and volunteers will all be required to sign the COVID-19 waiver which details the risks associated with participation in the event (**see attached**).

**PRE-RIDE:** On Friday, August 14<sup>th</sup>, participants are given the opportunity to pick up their packet of ride-related materials and last-minute info at the Kosciusko-Attala Partnership Building outside parking lot, located on 101 Natchez Street. Packets will be organized alphabetically by ride distance. Participants will remain in their automobile or truck as volunteers bring packet to them with minimal contact. No rider's packet will be distributed unless we have a signed COVID-19 Waiver in our files from that rider.

**START of RIDE:** Those riders who have not claimed their ride packets on Friday will begin arriving Saturday at 6:00am in the KAP parking lot on Natchez St. where KAP/LMR volunteers will bring packets to them in a drive-thru fashion similar to the delivery process on Friday. No rider's packet will be distributed unless we have a signed COVID-19 Waiver in our files from that rider. Between 6:30am and the 7:00am start time, riders will proceed to their designated Staging Area as noted on published maps (**see attached**).

The riders will line up on the marked area starting on Jefferson Street and Natchez Street. Riders will line up starting with the 70-mile riders, then the 40-mile riders and lastly the 20-mile riders. Both areas will be clearly marked in advance to position riders with adequate spacing (**see attached**). Volunteers will be stationed at the staging area to assist riders in positioning themselves in the proper location and ensure 6' social distancing is observed.

**DURING RIDE:** Once the ride begins, participants will quickly spread out along the Natchez Trace Parkway heading North. Riders typically proceed on their bicycles at speeds ranging from less than 10 mph to as high as 30 mph. There will be a Police escort from Natchez Street to the Natchez Trace Parkway which is 1 mile. ***This will be a slow start, meaning riders will stay a safe distance apart. Once on the parkway, riders will ride their speed.*** At the rest stops, volunteers will be available to direct riders to tables where individually packaged food items may be retrieved by the riders. Volunteers will be handing out bottled drinks, water or Gatorade to each rider. Volunteers will be wearing gloves and have minimal contact with beverages or the riders. Volunteers will be in charge of controlling the total number of riders at the rest stop so that everyone is a safe distance apart. Tables of food and beverages will be properly spaced and organized in such fashion as to maintain 6' social distancing among riders and volunteers at all times (**see attached**). Hand sanitizer and masks will be available for riders.

At Jeff Busby (Little Mountain), the rest area will have 2 separate tables with food and drinks, making sure that everyone maintains social distancing. All foods will be individually wrapped. A volunteer will be overseeing the restrooms at the top and sanitizing them after each rider is finished.

**FINISH of RIDE:** Riders will begin arriving in the Finish Area by 8:30am and conclude by 1:00pm. There will be one Finish Area for riders. Their ride recovery will consist of individually packaged food items and individual bottles or cans of various beverages.

Each Zone will have tables or seating areas spaced out at proper intervals to maintain social distancing. Tables and seating will be cleaned and disinfected by volunteers throughout the day between each rider's use. Volunteers will be in charge to ensure all guidelines are followed. Hand sanitizer and masks will be available for riders, along with handwashing stations (**see attached**).

Prepared by: Donna Holdiness and Darren Milner  
Executive Directors for  
Natchez Trace Cycling & Kosciusko-Attala Partnership

## 2020 Start / Finish Map

All riders are provided the map below detailing where they are to be prior to the 7am Start of the ride and reminding them to keep 6' social distance in their Staging Area.



## Staging Area

Each staging area will be marked with 'X' using hi-viz chalk paint in the example pattern shown below. Each 'X' will be a minimum of 6' from each other to allow riders to maintain social distance prior the 7am start of the ride.



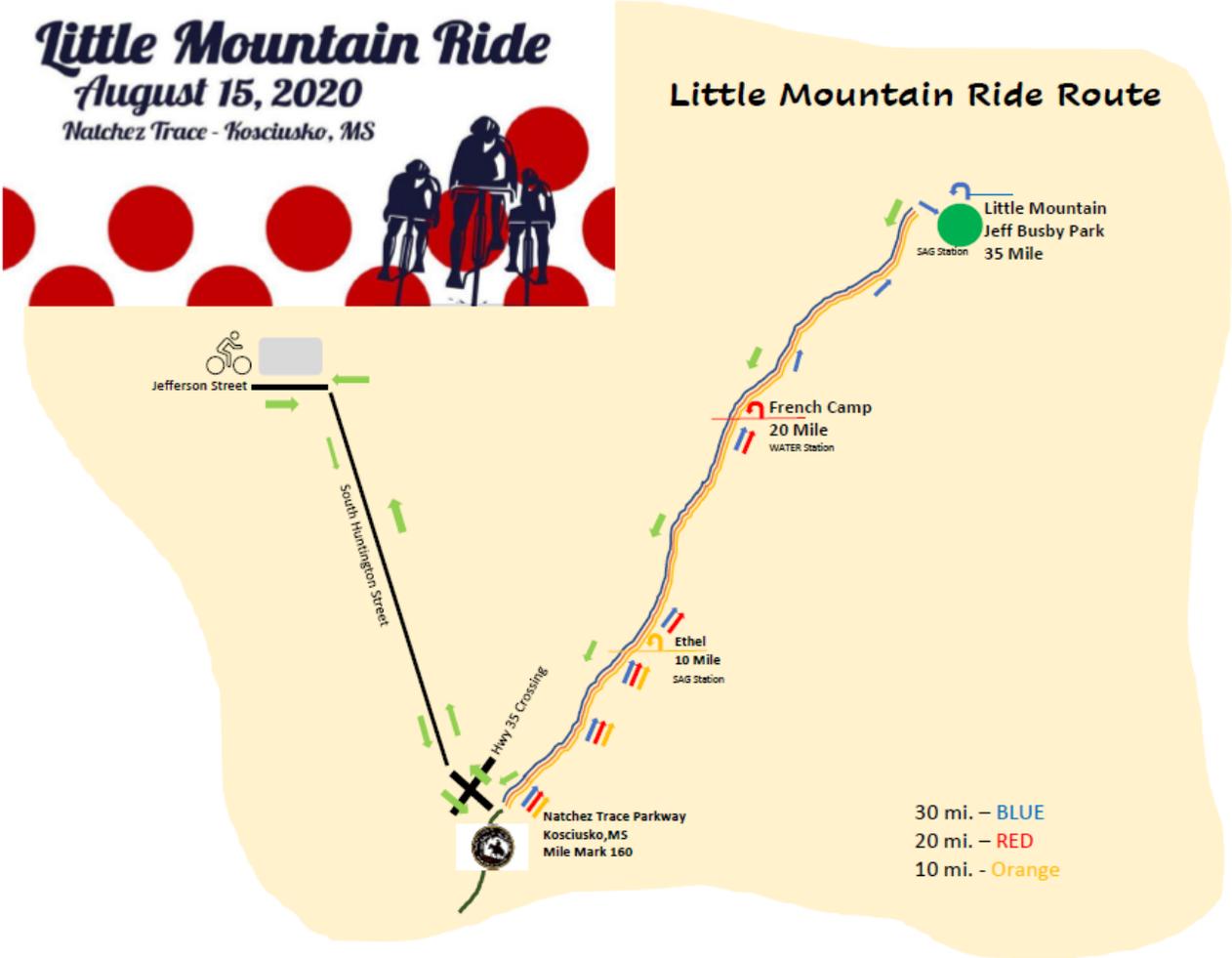
Jefferson & Natchez Streets

70 40, & 20 mi. riders

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X   X   X   X   X   X
    X   X   X   X   X
X   X   X   X   X   X
    X   X   X   X   X
```

# 2020 Course Map

All riders are provided a map as well as GPS directions for their ride route to ensure proper navigation.



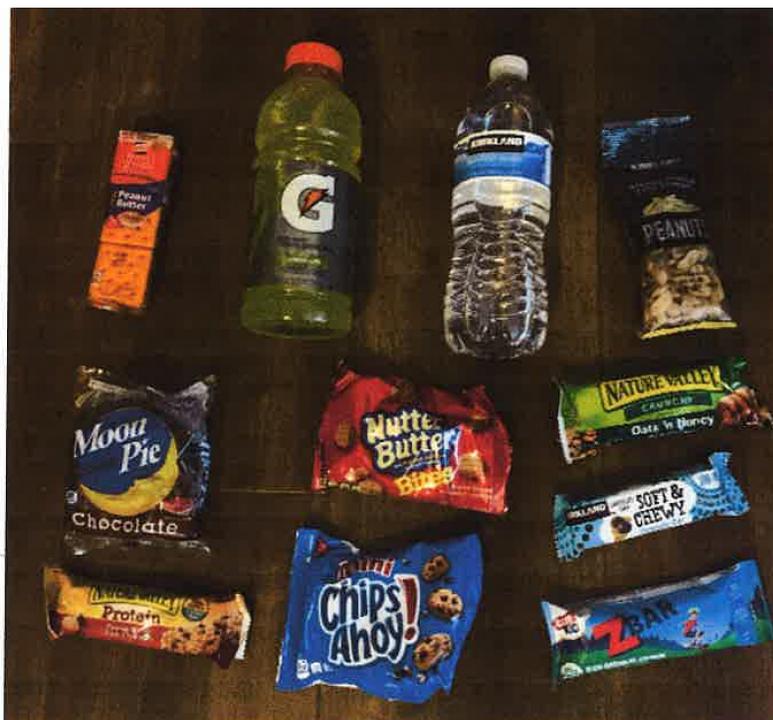
## PPE (Personal Protective Equipment)

All KAP and LMR volunteers will be provided and required to wear masks and gloves while performing duties at the event. Additionally, hand sanitizer will be provided in generous quantities at Rest Stops and Finish Areas.



## Food & Beverage

All food and beverage items provided to riders at Rest Stops and the Finish Area will be individually wrapped for maximum ease of distribution and minimum contact with volunteers.



## **Covid-19 Waiver for Little Mountain Ride Participants**

I acknowledge the contagious nature of the Coronavirus/COVID-19 and that the CDC and many other public health authorities still recommend practicing social distancing. I further acknowledge that the Kosciusko-Attala Partnership (KAP) and the organizers of the Little Mountain Ride (LMR) event have put in place preventive measures to reduce the spread of Covid-19.

I further acknowledge that the KAP and the organizers of the LMR event cannot guarantee that I will not become infected with the Coronavirus/Covid-19. I understand that the risk of becoming exposed to and /or infected by Covid-19 may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Kosciusko-Attala Partnership and Little Mountain Ride event volunteers.

I voluntarily seek services provided by the KAP and the organizers of the LRM event and acknowledge that I am increasing my risk to exposure to the virus. I acknowledge that I must comply with all set procedures to reduce the spread while attending the LMR event.

I attest that:

\*\* I am not experiencing any symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain or cramping, headache, sore throat, or new loss of smell or taste at the present time or in the last 24 hours.

\*\* I have not traveled internationally or to a highly impacted area (HOT SPOT) within the USA in the last 14 days.

\*\* To my knowledge, I do not believe I have been exposed to someone with a suspected and/or confirmed diagnosis (a positive test) of the Coronavirus/COVID-19.

\*\*I have not been diagnosed with Coronavirus and not yet cleared as non-contagious by state or local public health authorities.

\*\* I am following all CDC recommended guidelines as much as possible and hopefully limiting my exposure to the virus.

***I hereby release and agree to hold the Kosciusko-Attala Partnership and the Little Mountain Ride organizers and volunteers event harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss of myself and /or property that may be caused by any act, or failure to act of the KAP and the organizers, employees, and/or volunteers of the LMR event. I understand as an adult (or a minor with legal guardian consent) that I am entering this event by my own free will and will accept responsibilities for any actions concerning my safety and my health. I understand that this release discharges the KAP and the organizers of the LMR event from any liability or claim that I, my heirs, or any personal representative may have against the KAP and the organizers of the LMR with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to any services received from the KAP and the LMR event organizers. This liability waiver and release extends to the KAP employees and volunteers and all LMR organizers and volunteers.***

signature \_\_\_\_\_  
Participant of the LMR 2020

signature \_\_\_\_\_  
Legal Guardian of Minor